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A prehistorical record of cultural eutrophication from Crawford Lake, Canada

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¹GSA Data Repository item 2004##, Table DR1, ¹⁴C ages and calibrated dates
from Crawford Lake sediment, is available online at
www.geosociety.org/pubs/ft2004.htm, or on request from editing@geosociety.org or
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ABSTRACT

Cultural eutrophication—the process by which human activities increase nutrient input rates to aquatic ecosystems and thereby cause undesirable changes in surface-water quality—is generally thought to have begun with the start of the industrial era. The prehistoric dimension of human impacts on aquatic ecosystems remains relatively undescribed, particularly in North America. Here we present fossil plankton data (diatoms and rotifers), organic and inorganic carbon accumulations, and carbon isotope ratios from a 1000-yr sediment core record from Crawford Lake, Ontario, Canada. The data documents increased nutrient input to Crawford Lake caused by Iroquoian horticultural activity from A.D. 1268 to 1486 and shows how this increased nutrient input elevated lake productivity, caused bottom-water anoxia, and irreversibly altered diatom community structure within just a few years. Iroquoian settlement in the region declined in the fifteenth century, yet diatom communities and lake circulation never recovered to the predisturbance state. A second phase of cultural eutrophication starting in A.D. 1867, initiated by Canadian agricultural disturbance, increased lake productivity but had comparatively less of an impact on diatom assemblages and carbon-storage pathways than the initial Iroquoian disturbance. This study deepens our understanding of the impact of cultural eutrophication on lake systems, highlights the lasting influence of initial

44 environmental perturbation, and contributes to the debate on the ecological impacts of
45 density and agricultural practices of native North American inhabitants.

46

47 **Keywords:** diatoms, eutrophication, Iroquoian, carbon, ecological disturbance, Crawford
48 Lake

49

50 INTRODUCTION

51 Human population growth and resource consumption have placed increasing
52 demands on aquatic and terrestrial ecosystems and have profoundly affected global
53 biogeochemical cycles of carbon, nitrogen, and phosphorous. Cultural eutrophication—a
54 condition in which human activities increase nutrient input rates to aquatic ecosystems
55 and thereby stimulate algal productivity—is recognized as a global water-quality problem
56 (Smith, 1998). Despite evidence that pre-industrial societies modified watershed
57 vegetation and water chemistry in lakes of Europe (Fritz, 1989; Digerfeldt and
58 Håkansson, 1993; Renberg et al. 1993; Anderson et al. 1995) and tropical America
59 (Deevey et al. 1979; Binford et al. 1987), the study of cultural eutrophication in North
60 America has been largely limited to documenting the increase and abatement of nutrient
61 inputs since the start of the industrial revolution. The only significant report of native
62 modification to a lacustrine system in North America comes from the high Arctic, and is
63 related to localized effects from Inuit whaling (Douglas et al. 2004). The paucity of data
64 on pre-European modification to lacustrine systems in North America is due in part to
65 limitations in the temporal resolution of paleoenvironmental archives and by the
66 preconception that population density and agricultural practices of native inhabitants
67 would not have been large enough to have a significant impact on local ecology.

68 Here we report fossil plankton abundances and geochemical paleoproductivity
69 data from meromictic Crawford Lake (2.5 ha, 43°28.1'N, 79°56.9'W) that describe the
70 impact of a native Iroquoian community upon the ecosystem of Crawford Lake. Pollen
71 evidence of early forest disturbance caused by fourteenth- and fifteenth-century Iroquoian
72 settlements is well-documented in Crawford Lake sediment (Byrne and McAndrews,
73 1975; McAndrews and Boyko-Diakonow, 1989). A new chronology, used with new
74 pollen and paleoenvironmental data, describe the effects of (1) human activity on forest
75 disturbance and (2) the impact of these activities upon the lake ecosystem with near-
76 yearly resolution for the past 1000 years. Our analyses document significant and lasting
77 change in the lake ecosystem in response to land clearance and Iroquoian village phases
78 with maize cultivation around Crawford Lake from A.D. 1268 to 1486.

79

80 MATERIALS AND METHODS

81 Three freeze cores were recovered in June 2001, ranging from 70 to 85 cm in
82 length, from the deepest point (22.5 m) of Crawford Lake by using an aluminum wedge
83 filled with an ethanol and dry ice slush. All cores were preserved frozen and
84 photographed. One core, sampled every varve for the upper 26 cm and at 0.2 cm
85 intervals for the remainder of the core, was used for carbon isotopic analysis. A second
86 core was sampled at 0.2 cm intervals for pollen, fossil diatom, and additional
87 geochemical analyses.

88 Carbonate content was determined by the carbonate bomb method of Müller and
89 Gastner (1971). Total organic carbon (TOC) and atomic C/N ratios were measured on

90 carbonate-free sediment by a Carlo Erba CHNS-O analyzer (values expressed as whole-
91 sediment percentages corrected for the missing carbonate fraction). We determined the
92 carbon isotope ratios of the authigenic carbonate by reacting homogenized bulk-sediment
93 samples in orthophosphoric acid at 90 °C on an autocarbonate preparation system.
94 Isotopic ratios of the evolved CO₂ gas were measured on line by a Finnigan 251 isotope-
95 ratio mass spectrometer. Carbon isotope composition is expressed in the δ notation as per
96 mil deviation from the international Peedee belemnite (PDB) carbonate standard. The
97 standard error on replicate samples is 0.1‰. Diatom sample preparation follows
98 Battarbee (1973); species identification follows Patrick and Reimer (1966) and Krammer
99 and Lange-Bertalot (1987-1997).

100 The sediment record is well suited for ¹⁴C dating because of an abundance of
101 preserved terrestrial macrofossils, such as leaves and twigs, which are typically deposited
102 into the lake the year that they grew. These macroscopic remains were radiocarbon dated
103 by accelerator mass spectrometry (AMS) at the Center for Accelerator Mass
104 Spectrometry, Lawrence Livermore National Labs (see Table DR1¹). All ¹⁴C dates were
105 converted to calendar dates (A.D.) through calibration with the IntCal98 calibration curve
106 using CALIB 4.4 software (Stuiver and Reimer, 1993; Stuiver et al. 1998).

107 108 **RESULTS AND DISCUSSION**

109 Our age model is based on (1) varve counts from the top of the core (A.D. 2001)
110 back to A.D. 1867 and (2) four equations fit to 23 AMS ¹⁴C dates from A.D. 1867 to the
111 bottom of the core (Fig. 1). Four calibrated AMS ¹⁴C dates confirm the varve chronology
112 to 1867. Our age model revises previous Crawford Lake chronologies that were based
113 solely on varve counts (Byrne and McAndrews, 1975; Finlayson, 1998); our results
114 indicate that the earlier studies missed 80–100 yr because of intervals of low
115 sedimentation rates or sedimentation without varves.

116 The core displays four palynological zones—the pre-Iroquoian, Iroquoian, post-
117 Iroquoian, and Canadian (Fig. 2). Varves are not well defined in the pre-Iroquoian zone,
118 indicating bioturbation and oxic bottom waters. Appearance of maize (*Zea mays*) pollen
119 at 62.2 cm (A.D. 1268) defines the start of the Iroquoian zone (Fig. 2). The first period of
120 large-scale Iroquoian village occupation at Crawford Lake is identified from numerous
121 pollen of *Zea* (maize), Poaceae (grasses), and *Portulaca* (purslane), spores of *Ustilago*
122 (corn smut, a fungal disease of corn), and pollen and seeds of *Helianthus* (sunflower)
123 from ca. A.D. 1325 to 1375 (Fig. 2). An intermittent period of low horticultural activity
124 (an assumed abandonment of the Crawford Lake watershed) was followed by a second
125 horticultural phase (resettlement) spanning A.D. 1410–1445 (Fig. 2). Iroquoian villages
126 typically contained several dozen to several hundred people; given the size and number
127 of reconstructed longhouses within the watershed, Iroquoian population is estimated at
128 ~225 during the first settlement phase and ~375 during the second settlement phase
129 (Finlayson, 1998).

130 Changes in lake productivity began at the start of the Iroquoian Zone. Increased
131 algal production utilized aqueous CO₂, which raised pH and carbonate supersaturation
132 and resulted in increased CaCO₃ accumulations. An increase in the flux of algal organic
133 matter, which has lower organic C/N values than terrestrial plants (Meyers, 1994),
134 explains the observed decrease in C/N values from 16 to near 13 and increased TOC
135 accumulations. Elevated dissolved inorganic carbon (DIC) consumption related to

136 increased photoautotrophic activity depleted the DIC reservoir in ^{12}C (which is preferred
137 by most photosynthetic algae) relative to ^{13}C ; subsequently, carbonate $\delta^{13}\text{C}$ values
138 increased from -5.5‰ to -1.8‰ by A.D. 1354 (Fig. 3). Increased oxygen use during
139 respiration and degradation of sinking organic matter produced anoxic bottom water,
140 allowing for preservation of undisturbed, laminated sediments. Together, these changes
141 reflect an increase in photosynthetic algal production and the onset of permanently anoxic
142 bottom water, stimulated by increased nutrient input to the lake.

143 Diatom assemblages responded immediately to signs of human activity in the
144 watershed (Fig. 4). Meso-oligotrophic *Cyclotella michiganiana* and *Cyclotella bodanica*
145 were quickly replaced by species of the more eutrophic genus *Stephanodiscus* at the start
146 of the Iroquoian horizon, likely from increased human sewage in the watershed. The
147 abundance of fossil rotifers—microscopic aquatic animals that feed primarily on
148 unicellular algae—increased in the Iroquoian zone (Fig. 4), reflecting higher algal
149 populations due to elevated nutrient concentrations. These prominent paleoecological
150 changes were a more rapid response to the modest nutrient input compared to the
151 geochemical proxies related to overall productivity; the data illustrate the sensitivity of
152 diatom assemblages and rotifer abundance to small variations in nutrient concentration.

153 Expansion of Iroquoian horticulture and village settlement produced higher runoff
154 and elevated nutrient loading that further altered diatom communities. Subsequently,
155 diatoms that thrive at higher nutrient concentrations quickly succeeded *Stephanodiscus*.
156 *Synedra nana*, a poor competitor for Si yet a good competitor for P (Anderson et al.
157 1995), increased first. *Synedra nana* was succeeded by *Fragilaria crotonensis* and
158 *Asterionella formosa*, indicating increased concentrations of P such that Si became the
159 limiting nutrient for diatoms. A second rise in *Synedra* species, following the *A. formosa*
160 peak, indicates a return to P as the limiting nutrient as Iroquoian agricultural activity in
161 the region subsided.

162 We place the start of the post-Iroquoian zone at 48.4 cm (A.D. 1486) on the basis
163 of the disappearance of cultigen pollen. As Iroquoian activity and nutrient inputs within
164 the watershed waned, sedimentation rates, carbon accumulation, and $\delta^{13}\text{C}$ values returned
165 to predisturbance values. However, bottom waters remained anoxic, as shown by
166 continued varve preservation. C/N ratios remained lower, indicating elevated aqueous
167 organic matter relative to terrestrial organic matter. A meso-eutrophic diatom assemblage
168 persisted through the post-Iroquoian zone.

169 In the nineteenth century, a second forest-clearance phase, caused by Canadians
170 with plow agriculture, triggered another period of elevated productivity and ecosystem
171 disturbance. This phase began at A.D. 1867 (~26 cm, Fig. 2); the Canadian Zone
172 sediments are marked by a change in color and an increase in sedimentation rates (Fig.
173 1). Increased charcoal (Clark and Royall, 1995), *Ambrosia* (ragweed) pollen, and
174 *Poaceae* pollen accumulations are also found at the beginning of the Canadian zone.
175 TOC and CaCO_3 accumulation rates increased (to ~ 10 and $\sim 25 \text{ mg}\cdot\text{cm}^{-2}\cdot\text{yr}^{-1}$,
176 respectively), and organic matter C/N values decreased further from 13 to 11.5 (Fig. 3),
177 again indicating increased photosynthetic algal activity stimulated by increased nutrient
178 input.

179 Diatom productivity, determined from frustule-accumulation rates, and total
180 rotifer abundance peak at the beginning of the Canadian zone (Fig. 4). The eutrophic
181 planktonic species *S. nana* and *F. crotonensis* account for most of the diatom productivity

182 (Fig. 4). Benthic species show a corresponding decrease in percentage at the beginning of
183 the Canadian zone (Fig. 4). Though sediment focusing and core location may bias the
184 diatom stratigraphy towards planktonic species (Anderson et al. 1994), benthic
185 accumulation rates were at the lowest levels of the entire record at this time, presumably
186 because elevated terrigenous input or planktonic production restricted littoral benthic
187 habitat through light limitation (Stoermer and Smol, 1999; Vadeboncoeur et al. 2003).
188 Unlike the Iroquoian zone, diatom response is mainly in terms of productivity without
189 major changes in the diatom assemblage.

190 Carbonate $\delta^{13}\text{C}$ values show little response to elevated productivity in the
191 Canadian zone. This suggests that the rate of productivity, and thus the rate at which DIC
192 was metabolized and incorporated into organic material, was never high enough to
193 significantly deplete the DIC reservoir in ^{12}C on a seasonal or long-term basis.

194 Reduced diatom productivity and a return of benthic species in the 1930s indicate
195 increased light penetration and a recovery for the Crawford ecosystem, presumably
196 owing to homesteading by the Crawford family, who allowed forest regrowth (Rybak and
197 Dickman, 1988). As nutrient and P levels declined, *S. nana* again became the most
198 common diatom species in the water column. *A. formosa* and *C. bodanica* reappeared in
199 1980. The presence of *A. formosa* suggests recent eutrophication from the construction of
200 a replica Iroquoian village and visitor center associated with increased foot traffic around
201 the lake. The return of *C. bodanica* in 1980 could be a result of favorable lake N/P ratios
202 resulting from atmospheric deposition of N and/or use of nitrogen fertilizers.

203

204 **IMPLICATIONS AND CONCLUSIONS**

205 There is no consensus as to what extent early Native American agriculturists
206 affected the eastern North American environment. Some investigators have argued, on
207 the basis of archeological, palynological, and historical evidence, that precontact
208 population densities in southern Ontario were too low and the duration of their impact on
209 the environment was too short to have had significant, lasting effects on the landscape
210 (Campbell and Campbell, 1994). Other archeological evidence indicates that A.D. 1300–
211 1475 was a period of dramatic population growth in southern Ontario and that oversized
212 communities were a source of sociocultural and ecological impacts (Warrick, 2000). Our
213 paleolimnological analyses of Crawford Lake support the latter interpretation. As such,
214 our findings are similar to those from other continents that show long-lasting effects upon
215 limnological systems due to prehistoric agriculture and forest clearance (Deevey et al.
216 1979; Fritz, 1989; Renberg et al. 1993). Nutrient input during the time of Iroquoian
217 settlements (A.D. 1268–1486) fundamentally and permanently altered the Crawford Lake
218 ecosystem from its natural baseline. Excessive nutrient enrichment induced bottom-water
219 anoxia and permanently modified phytoplankton communities and carbon storage in the
220 lake. These deleterious effects of prehistoric eutrophication were not abated with a
221 reduction in nutrient supply. The eutrophic diatom assemblage emplaced at the start of
222 the Iroquoian zone remains in place and is primed for further nutrient input, despite ~400
223 yr of minimum nutrient input between disturbances. Further nutrient input at the
224 beginning of the Canadian zone resulted in greater diatom production, but did not result
225 in a new diatom assemblage.

226 A broader question is whether the Crawford Lake record is an atypical localized
227 example and, as such, not especially relevant to other areas of eastern North America. We

228 would agree that the sediment record of Crawford Lake is exceptional, but only in the
229 sense that the anoxic bottom waters preserve annual laminations that facilitated this ultra
230 high-resolution study. It is likely that many native agrarian societies in North America
231 influenced the ecology of nearby lakes and rivers. We believe that detailed study and
232 careful dating of other lake records in the region will also carry examples of prehistoric
233 ecological impact. Consequently, watershed management in North America, especially in
234 regions where pre-European populations were high, should be aware of the pre-historical
235 dimension of human impacts upon local ecology.

236

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246

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321

322 **FIGURE CAPTIONS**

323 Figure 1. Calibrated accelerator mass spectrometry (AMS) ^{14}C ages, age model, and
 324 varve counts plotted vs. depth. Age model consists of four equations fit to ^{14}C date trends.
 325 During pre-Iroquoian zone, $A = 1.3436d^2 - 211.35d + 9225.1$, where A is depositional
 326 age and d is depth in centimeters. During Iroquoian zone, age is based on linear
 327 sedimentation rates. Between 56 and 44 cm, sedimentation rates were 10.3 yr/cm, and
 328 between 44 and 37 cm, sedimentation rates were reduced to 6.8 yr/cm. For remaining
 329 Iroquoian zone and post-Iroquoian zone, $A = 0.9203d^2 - 87.562d + 3505.6$.

330 Figure 2. Crawford Lake pollen diagram showing cultigens *Zea* and *Helianthus*, fungal
 331 spores of *Ustilago*, and disturbance-related plants *Portulaca*, Poaceae, and *Ambrosia*.
 332 Shading illustrates the two Iroquoian village settlement periods nearest the lake, based on
 333 pollen evidence. Units in percent of total counted pollen grains.

334 Figure 3. Geochemistry of Crawford Lake sediments. A: CaCO_3 mass accumulation rates
 335 (MAR). B: Total organic carbon (TOC) MAR. C: C/N (atomic) ratio values. D: $\delta^{13}\text{C}$
 336 values from authigenic carbonate precipitate. Dashed lines correlate to core depths and
 337 illustrate palynological zones described in text.

338 Figure 4. Diatoms, rotifers, and diatom accumulation rates (DARs). A: Planktonic diatom
 339 species expressed as percentages of total diatom valves (minimum 500 valves counted
 340 per sample). Diatom species from left to right are *Cyclotella bodanica* v. *lemanica*,
 341 *Stephanodiscus* spp. (the sum of at least four species, including *S. hantzschii*, *S. minutus*,
 342 and two unidentified or unknown species), *Synedra nana*, *Fragilaria crotonensis*,
 343 *Asterionella formosa*, and *Cyclotella michiganiana*. Fossil rotifers are *Kellicotia*
 344 *longispina*, *Keratella cochlearis*, *K. hiemali*, and *K. quadrata* (Edmondson, 1959;
 345 Wallace and Snell, 1991) expressed as percentages of pollen grains. B: Summed benthic
 346 species comprise all non-planktonic diatoms, mainly *Achnanthydium*, *Encyonopsis*,
 347 *Cymbella*, and *Cymbopleura* species. C: Diatom accumulation rates, in units of valves per
 348 cm^2 per year. Dashed lines are those described in Figure 3.







